



## 2019-2020 Dance Season

·thedancebox.net·

☎ (540) 625-2018

Classes are set up based on age, you must enroll in the appropriate class based on your child's age by August 1<sup>st</sup> of that dance year. Some students will be advanced based on their skill and ability at the sole discretion of the Artistic Director, Amy Clark. If you would like to schedule a placement evaluation please send an e-mail to [amysdancebox@gmail.com](mailto:amysdancebox@gmail.com). The Dance Box holds the right to combine or change the dance schedule as needed based on enrollment and staffing. Classes run from August - June. Thank you!

### Monday

Studio A	Studio B
5:00-5:45 Ballet I	5:00-5:45 Intro. Ballet/Tap (2-4yrs) Parent/Me
5:45-6:30 Ballet II Pointe / Pre-Pointe	5:45-6:30 Hip Hop/Jazz (6-9 yrs)
6:30-7:15 Ballet II	6:30-7:15 Pre-Ballet (6-9 yrs)
7:15-8:00 Ballet III	7:15-8:00 Tap I
8:00-8:45 Ballet III Pointe Class	8:00-8:45 Adult Tap

### Tuesday

Studio A	Studio B
	5:15-6:00 Adult Ballet/Stretch
6:00-6:45 Hip Hop II	6:00-6:45 Tap II/III
6:45-7:30 Technique/Jumps/Leaps	6:45-7:30 Adult Hip Hop/Aerobic Fitness
7:30 - 8:15 Lyrical	
8:15-9:00 Modern	

### Wednesday

Studio A	Studio B
5:00-5:45 Ballet I	
5:45-6:30 Ballet II Pointe	6:00-7:00 Yoga
6:30-7:15 Ballet II	
7:15-8:00 Ballet III	
8:00-8:45 Ballet III Pointe Class	

### Thursday

Studio A	Studio B
5:15-6:00 Hip/Hop/Jazz/Acro (Ages 3-5)	Private Lessons
6:00-6:45 Ballet/Tap (Ages 3-5)	6:15-7:00 Jazz II/III
6:45-7:30 Acro/Cheer	Private Lessons
7:30-8:30 Stretch/Core Class	Private Lessons

### Friday

Studio A	Studio B
5:00-6:15 Jr/Sr Company Class	5:30-6:15 Musical Theatre Dance (8 and up)
6:15-7:00 Petite Dance Company Class	6:15-7:00 Musical Theatre Voice (8 and up)
7:00-8:00 Ball Room	

Join our dance family!

Our Mission:

"To help students find the dancer within! Dancing at its best!"

Our goal is to expose children of all ages to the art of dance and foster an appreciation for the performing arts in an educational atmosphere, while nurturing and inspiring each student.

We respect and appreciate both types of dancers - those enjoying dance as a recreation, as well as those aiming for a professional level. We offer a safe and supportive environment for all of our dancers to learn and grow.

At *The Dance Box*, we are not only teaching dance, but also building life skills, determination, confidence, work ethic, and discipline in our youth. We know your child will create lasting memories and friendships with a dedicated staff that will encourage them to achieve their dreams.