



Dress Code 2020-2021

When dancers put on their uniform, they get into a specific mindset before dance class. Teachers need to be able to see dancers' bodies to make necessary corrections. When dancers are in dress code teachers can easily observe mistakes & make corrections.

Dress Code Requirements

Dress code goes into effect September 21st, 2020. HAIR: Long hair must be tied back in a neat ponytail or braids for all classes and in a bun for all ballet classes.

- Girls - LEOTARD AND TIGHTS are required in all classes, unless noted otherwise.
- Boys - White t-shirt, black dance bottoms and black shoes required in all classes unless noted otherwise.
- NO JEWELRY, COSTUMES or PLAY CLOTHES: Remember loose or dangling jewelry and costumes other than proper dance skirts are a safety hazard and distraction for dancers and are not allowed.
- Jeans, jean shorts, play clothes, or school clothes are not suitable dance attire.

Dancers 6 and under

- GIRLS: Pink leotard, ballet pink tights, pink dance skirt optional, no tutus
- BOYS : White t-shirt or tank top, black shorts or sweatpants,

Dancers 7 and up

Ballet 1-3

- GIRLS: Black color leotard, pink tights and pink stretch canvas ballet shoes, and hair in a bun.
- BOYS : White t-shirt or tank top, black dance pants or shorts and black stretch canvas ballet shoes.

Jazz

- GIRLS: Any black solid color leotard with either tight fitting dance pants or dance shorts, and skin color convertible or footless tights, and black jazz shoes
- BOYS : White t-shirt or tank top, black dance pants or shorts, and black jazz shoes.

Modern/Contemporary/Lyrical

- GIRLS: Any black solid color leotard with either dance pants or dance shorts and convertible or footless skin colored tights (skin color lyrical shoes or foot Footundeez acceptable).
- BOYS : White t-shirt or tank top, black shorts or sweatpants and barefoot.

Tap

- GIRLS: Any black solid color leotard with either dance pants or dance shorts and convertible or footless skin colored tights, and black oxford tap shoes.
- BOYS : White t-shirt or tank top, black shorts or sweatpants, and black tap shoes.

Hip Hop

- All - Comfortable, appropriate, loose athletic attire (sweats, t-shirts, hoodies, baseball caps, etc. – no bare midribs) & clean sneakers.

Acro

- GIRLS: Any color leotard or unitard with either tight fitting dance pants or dance shorts
- BOYS : Any color t-shirt or tank top, black shorts or sweatpants .



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Shoe Requirements

All dancers are required to have the correct shoes for class. Shoes should be clean and not worn outside. Street shoes are not permitted on the dance floors. (If your old shoes still fit just let us know remember shoes in the list will be required for end of year show)

It's tempting to enjoy the convenience of online shopping for dance shoes, especially when you can find more economical options for a similar pair of shoes, and when the online vendors offer an extremely generous return policy. However, it is possible that what you save in the cost of the shoes you are likely to spend in medical bills due to pain and discomfort that can send your dancer to a chiropractor, podiatrist, or some other medical specialists who will try to rescue your dancers aching body from wearing the wrong shoes. It is very important to wear the proper shoes for your feet in the same way that it is essential to brush your teeth daily! The wrong pair of shoes can totally throw your spine out of alignment and create damage on your entire body, causing problems with your back, hips, and feet.

Dancers 6 and under & Pre-Ballet

- **GIRLS:** Pink Capezio or Bloch leather full sole ballet shoes with no drawstrings (not satin slippers). We recommend Capezio Lily full sole leather ballet shoes 212c
- **BOYS :** Black Capezio or Bloch full-sole leather ballet shoes (not satin slippers). We recommend Capezio Lily full sole black leather ballet shoes 212c

Tap 6 and under

- **GIRLS:** Black "matt or PU" Mary Jane Velcro Strap Tap Shoes We recommend Capezio MaryJane Tap Shoe 3800c.
- **BOYS :** Capezio or Bloch black oxford shoes with laces. We recommend Capezio Tic Tap Toe Tap 443c.

Jazz 6 and under

- **GIRLS:** Capezio or Bloch split sole tan jazz shoes. We recommend Capezio Hanami Wonder Jazz Shoe CG30W
- **BOYS :** Capezio or Bloch split sole black jazz shoes. We recommend Capezio Hanami Wonder Jazz Shoe CG30W

Tap & Ballet Combo Classes

- **GIRLS:** Pink Capezio or Bloch full-sole leather ballet shoes (not satin slippers) & Black Leather color "Mary Jane" Velcro Strap Tap Shoes. Please see dancers 6 and under for Ballet, Jazz and Tap class for recommendation.



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- **BOYS :** Black Capezio or Bloch full-sole leather ballet shoes (not satin slippers) and Capezio or Bloch black oxford shoes with laces. Please see dancers 6 and under for Ballet, Jazz and Tap class for recommendation.

Tap/Ballet/Jazz Combo Classes

- **GIRLS:** Pink Capezio or Bloch full-sole leather ballet shoes (not satin slippers) & Black Leather color "Mary Jane" Velcro Strap Tap Shoes, and Capezio or Bloch split sole tan jazz shoes. Please see dancers 6 and under for Ballet, Jazz and Tap class for recommendation.
- **BOYS :** Black Capezio or Bloch full-sole leather ballet shoes (not satin slippers) and Capezio or Bloch black oxford shoes with laces and Capezio or Bloch split sole tan jazz shoes. Please see dancers 6 and under for Ballet, Jazz and Tap class for recommendation.

Ballet 1, 2, 3, & Pre-Pointe and Technique, jumps & Leaps

- **GIRLS:** Capezio or Bloch ballet pink canvas split sole ballet shoes. We recommend Capezio Hanami 2037W
- **BOYS :** Capezio or Bloch black canvas split sole ballet shoes. We recommend Capezio Hanami 2037W

Pointe

- Approved Pointe shoes.

Jazz 8 and up

- **GIRLS:** Capezio or Bloch split sole tan jazz shoes. We recommend Capezio Hanami Wonder Jazz Shoe CG30W
- **BOYS :** Capezio or Bloch split sole black jazz shoes. We recommend Capezio Hanami Wonder Jazz Shoe CG30W

Modern/Contemporary/Lyrical 8 and up

- **GIRLS:** skin color lyrical shoes, foot Footundeez, or barefoot.
- **BOYS :** skin color lyrical shoes or barefoot.

Tap 8 and up

- **ALL:** Capezio or Bloch black oxford tap shoes with laces. We recommend Capezio Fluid Tap Shoe CG17



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Hip Hop 8 and up

- **ALL:** Capezio canvas Dansneaker DS03 split sole hip hop sneakers. **NO TENNIS SHOES.**

Acro

- **ALL:** Barefooted .

We strongly recommend that you purchase your first dance shoes at a dance store. They will give you a good fit and accept returns if shoes were not worn. They also carry a large selection of leotards and tights.

Partner Dance Stores

Liesl Dancewear
13885 Hedgewood Dr. #141
Woodbridge, VA. 22193

Ellman's Dancewear
19 S Belmont Ave,
Richmond, VA 23221

Footlights
6448 Landsdowne Centre Dr,
Alexandria, VA 22315

You can also purchase your dance attire online through Discount Dance Supply and use our Teacher Code to get a discount! **Teacher Code: TP115481**